

*How* to  
think not  
*what*  
to think.

*(Mr Ahsan, Classics.  
Director of Studies.)*



NORTHWOOD  
COLLEGE

FOR GIRLS

GDST



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**HORIZONS SERIES**

20

# NWC Pupil Personal Development and Enrichment Programme

## NWC Horizons Series

Our school is a special place, where girls are encouraged to understand how their decisions can shape their future selves. We believe that emotional intelligence can be taught; that interests can be inspired and that we can play a crucial part in developing the unique character that all of our pupils have when they leave us, ready for the world beyond NWC. We approach and steer our pupils through the transformative years of adolescence providing them with a structured, purposeful personal development programme which is designed to:

*Build character and confidence and self-efficacy*

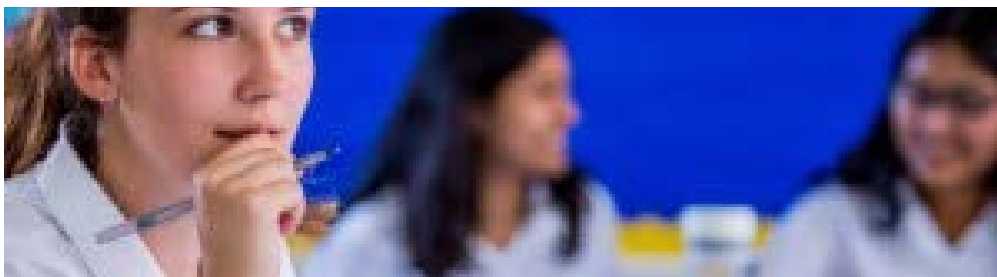
*Inspire a love of learning and curiosity*

*Ensure our pupils engage with gusto and gumption*

*Develop global, community and personal responsibility*

*in all of our pupils*

*Create moments of joy and lasting memories*



*It is our belief that all  
our pupils can be:*

### **Active**

Lead a fully active lifestyle by opting to participate in a range of competitive and non-competitive sports and activities

### **Creative**

Explore their creativity and develop an imaginative flair through participation in performing and creative arts and design, and STEM

### **Communicators**

Develop confidence as a speaker, a debater, a writer, a diplomat, a theorist, a negotiator, a mediator.....

### **Happy**

Find their passion by trying new things: games, teamwork, problem-solving, helping others- and by making new friends and expanding their friendships in the process

### **Prepared**

Become well-informed, self-assured and emotionally intelligent by broadening their horizons and attending careers talks, webinars, reading widely and actively questioning what they hear and see.

## *Progress Tracking*

All of our pupils engage in the Personal Development programme, trying out new activities with a view to finding where their interests lie. As they pursue a wide range initially and specialise and hone their skills in later years, they can develop the **confidence** to carry them through **new situations** when they leave us. Our pupils are expected to track their involvement across the five areas that we have identified and they are encouraged to reflect on their journey, their direction and discuss their confidence with their teachers and with the pastoral team. We wholeheartedly believe that this structured approach captures the interest of all of our girls and gives them an **advantage**. Helping them to **identify for themselves** where they need to gain more **self assurance**, and offering the expert advice to achieve their goals.



## *Self-Evaluation*

Time is given to allow our pupils time to **reflect** and to **discuss** all aspects of their personal development with their co-tutor and tutor team. All of our pastoral team are trained in the delivery of our Positive Programme which teaches **emotional resilience** through **self-awareness** and empathy. Our pastoral staff use **coaching methods** to offer the girls **agency** when navigating the challenges that adolescence may bring, thus developing a community of pupils who respect each other's feelings, and are considered in their approach to solving issues if and when they arise. This is all part of growing up....

## *Future Prospects*

Being **interested** and **interesting** will prepare our girls to engage confidently in new situations and to understand and translate what they know to new contexts. All of our pupils reap the benefits of participating in our NWC Horizons Series. Being an active listener, learning how to engage as an audience member- asking **keen** and **pertinent questions**, acquiring **networking skills**, broadening their academic interests beyond the scope of the curriculum are the elements inspired in all of our pupils. Creating conversation pieces... we encourage our parents to bring the resulting discussions to your dinner table!



# Autumn Series: Academic Lectures

DATE	TITLE	STAFF
17/09/20	The Power of Poetry: From Dr Maya Angelou to Robert Frost, how poetry can influence your thinking	Ms Ferguson <i>Deputy Head (Pastoral)</i>
24/09/20	The mutation of anti-Semitism	Mrs Hubble <i>Head</i>
1/10/20	Lecture on Astronomy: 'The Solar System'	Ms Lindsay <i>English Teacher</i>
8/10/20	Speaking to the past: How Greek and Latin have shaped the languages we speak	Mr Ahsan <i>Director of Studies</i>
15/10/20	The effects of intensive farming for animals and the environment	Mr Merk <i>Head of Biology</i>
22/10/20	Spoiler Alert: How to analyse scenes in any film	Mrs Bailey <i>Director of Sixth Form</i>
12/11/20	What counts as a human? (And why this matters)	Mr Giblin <i>Head of RPE</i>
19/11/20	Witches, warlocks, spirits and spells: A brief history of magic	Mrs Brown <i>Deputy Head (Academic)</i>
26/11/20	Carbon as an element: Friend or foe?	Mr Mburu <i>Head of Chemistry</i>
3/12/20	Where are you from? What can genetics tell us about human evolution and our ancestry.	Mrs Kent <i>Head of Science</i>



# Spring Series: Careers Lectures

<b>DATE</b>	<b>TITLE</b>	<b>STAFF</b>
<b>7/01/21</b>	<b>Quirks of the British Legal System</b>	<b>Mrs Kothare <i>Mathematics Teacher</i></b>
<b>14/01/21</b>	<b>So you decided to study Philosophy, now what?</b>	<b>Mr Giblin <i>Head of RPE</i></b>
<b>21/01/21</b>	<b>How to be a Bright, Shining Star</b>	<b>Erica Sosna</b>
<b>28/01/21</b>	<b>Women in the Judiciary</b>	<b>HHJ Duncan</b>
<b>4/02/21</b>	<b>Working as a newly qualified doctor during the Covid-19 pandemic</b>	<b>Dr Ellen Morris</b>
<b>11/02/21</b>	<b>A Talk by the Chief Economist for St Helena Government</b>	<b>Nicole Shamier <i>(Alumna)</i></b>
<b>25/02/21</b>	<b>A Surprise Talk by a renowned Artist</b>	<b>To be announced</b>
<b>4/03/21</b>	<b>Taking the alternative route - BTECs and Apprenticeships</b>	<b>Ilan Shiradski</b>
<b>11/03/21</b>	<b>Preparing for the future - How to make the most of opportunities at school and university</b>	<b>Riya Kotecha</b>
<b>18/03/21</b>	<b>Women in Cyber Security</b>	<b>PWC</b>



# Summer Series: Creative Lectures

<b>DATE</b>	<b>TITLE</b>	<b>STAFF</b>
<b>22/04/21</b>	<b>Flex and stretch...your body, brain and knowledge</b>	<b>Mrs Annetts <i>Librarian</i></b>
<b>29/04/21</b>	<b>Introducing Edison: Robotics</b>	<b>Mrs Kent <i>Head of Science</i></b>
<b>06/05/21</b>	<b>Dance Showcase</b>	<b>Miss Chadburn and Mrs Silva-Mynetts</b>
<b>13/05/21</b>	<b>Summer Concert - Key Stage 3 Showcase</b>	<b>Mr McElwaine <i>Head of Music</i></b>
<b>10/06/21</b>	<b>Art and Textiles Exhibition</b>	<b>Miss Ballantyne and Mrs Johnson</b>
<b>17/06/21</b>	<b>Showcasing Debate</b>	<b>Mrs Mariner <i>English Teacher</i></b>
<b>24/06/21</b>	<b>Drama Showcase</b>	<b>Miss McCoy <i>Head of Drama</i></b>

# Girls Comments on Academic Lectures

Ruchira, Y13:

*Ms Ferguson's poetry talk really showed off the power of poetry, its ability to cover any topic and be resonant to so many different groups of people.*

Amber, Y13:

*Ms Ferguson's Horizon talk about poetry was fascinating. As someone who enjoys both reading and writing poems, I was so inspired by the works of poets like Maya Angelou and Robert Frost who were discussed in this session! It was such a great experience for students and staff alike to share their passion for literature and engage themselves in an insightful discussion.*

Annika, Y8:

*I enjoyed the linking of themes in poems to current political situations.*

Elina, Y11:

*Mrs Hubble's talk provided an eye-opening perspective that unearthed the nuanced anti-Semitism that has interwoven itself into the fabric of society and polluted political motives and international relations. The delivery of information epitomised the nature of the Horizon talks, emphasising the need for worldly knowledge and more importantly; kindness. It was refreshing to stretch the curriculum beyond the classroom and to partake in current and insightful conversations with teachers.*

Anjali, Y8:

*I was fascinated to hear about the impact meat eating has on the environment in the Effects of Intensive Farming talk.*

Deanna, Y9:

*Mr Ahsan opened up my mind to the broadness and complexity of communication in the animal world, as well as, the human world – fascinating!*

Kayo, Y8:

*I found the facts in the astronomy talk fascinating: such as, how insects live in space for weeks.*





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