

16 March 2020

Dear Parents

In light of the continued spread of the Coronavirus and potential implications for schools, we wanted to provide some support and guidance on what a school day at home might look like.

For many parents the thought of managing a school day at home, whilst there might be other challenges, can be daunting. At this stage it is very difficult to predict what school closure might look like. However, we can provide some guidance on what your daughter's day might look like.

Here is a breakdown of what your day could look like:

**EYFS (Nursery and Reception)**

|         |   |
|---------|---|
| 08.30am | Start the day with some physical activity, this might be some dancing, cosmic yoga, running/skipping or jumping in the garden * |
| 9.00am  | English based activity as set by teacher  |
| 9.45am  | Try some fun phonics as set by teacher  |
| 10.00am | Break*  |
| 10.20am | Maths based activity as set by teacher  |
| 11.20am | Listen to a story and ask/answer open ended questions.<br>Read a book to an adult.  |
| 12.00pm | Lunch*  |
| 1.15pm  | Creative time/Topic work – make, colour, paint, sing, dance, practise an instrument. See weekly overview.                       |
| 1.45pm  | Project time/child initiated play - choose from range of activities   |
| 3.00pm  | Practise gratitude – draw a picture of what you are thankful for  |

continued

**INDEPENDENT DAY SCHOOL FOR GIRLS**

Maxwell Road, Northwood, Middlesex HA6 2YE | Tel: 01923 825446 | office@nwc.gdst.net | www.northwoodcollege.gdst.net  
Part of GDST network for schools | Tel: 020 7393 6666 | www.gdst.net

The Girls' Day School Trust is a limited company registered in England whose registered number is 6400 and whose registered office is 10 Bressenden Place, London, SW1E 5DH



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**KS1 (Years 1-2)**

|         |  |
|---------|--|
| 8.30am  | Start the day with some physical activity, this might be some dancing, cosmic yoga, running/skipping or jumping in the garden* |
| 9.00am  | English based activity as set by teacher   |
| 9.45am  | Try some fun phonics/spellings/grammar as set by teacher   |
| 10.00am | Break*   |
| 10.20am | Maths based activity as set by teacher   |
| 11.20am | Creative time – make, colour, paint, sing, dance, practise and instrument*   |
| 12.00pm | Lunch*   |
| 1.15pm  | Read to an adult*  |
| 1.45pm  | Project work   |
| 3.15pm  | Practise gratitude – write down or draw a picture of what you are thankful for   |

**KS2 (Years 3-6)**

|         |  |
|---------|--|
| 8.30am  | Start the day with some physical activity, this might be some dancing, cosmic yoga, running/skipping or jumping in the garden* |
| 9.00am  | English Lesson as set by teacher   |
| 10.00am | Read for pleasure – keep a log of reading*   |
| 10.20am | Break*   |
| 10.40am | Maths Lesson as set by teacher   |
| 11.40am | Creative time – make, colour, paint, sing, dance, practise and instrument*   |
| 12.00pm | Lunch*   |
| 1.15pm  | Project work   |
| 3.15pm  | Reading comprehension/MyMaths task   |
| 3.45pm  | Practise gratitude – write down what you are thankful for  |

*\*Please note these are good opportunities for outdoor time, which is an integral part of learning and development.*

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3.

As you can see this timetable is adapted to the one your daughter is used to. We also appreciate that it might not be possible to stick to the suggested timetable and it is only provided as guidance. The extenuating circumstances have been taken into account and we feel strongly that yours and your daughters' wellbeing should be prioritised.

If your daughter is self-isolating but well, an additional 'Self-Isolating Work' folder will be set up on Firefly this week. This can be found in the year group folder. In this folder will be photos of completed work by another child in the year group – your daughter can carry out tasks based on this. Please note this will be provided a day later. There will also be a daily maths activity and reading task set.

In addition to this, we also have to take into consideration the well-being of our teachers and the additional work-load that has been created for them, at a time where they may also have to care for the young and elderly.

We would like to thank you for your understanding – I'm sure that together as co-educators we will maximise the output at this unprecedented time.

Yours sincerely,

Mrs A Morjaria  
**Deputy Head Academic (Junior School)**

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