

20 March 2020

**Dear Parents** 

We are keen to remain a point of contact for you and your daughter's during the period of Guided Home Learning.

Your daughter's form teachers will be available to provide feedback and mark work virtually. Form teachers will also be able to deal with any pastoral concerns you or your daughter's have. Please email Mrs Kelly <a href="mailto:juniorschool@nwc.gdst.net">juniorschool@nwc.gdst.net</a> and she will forward emails to the appropriate member of staff.

Absences should be reported in the usual way at <a href="mailto:absence@nwc.gdst.net">absence@nwc.gdst.net</a> if your daughter is unwell and not able to access home learning for a period of time.

As per Mrs Morjaria's letter dated Monday 9<sup>th</sup> March, I will be available for any Pastoral concerns or Safeguarding queries at <a href="https://hicrouch@nwc.gdst.net">h.crouch@nwc.gdst.net</a>.

The pastoral care of your daughter's is of utmost importance to us at Northwood College for Girls. Within our Positive Programme, some classes complete 3 Gratitude's. Girls have the opportunity to think about three things they are grateful for. Sometimes it can be as simple as 'my friend smiled at me' or 'I had fun at playtime' but it is a really nice opportunity to stop and take stock of the things we have. In times of uncertainty, I think it is important for the girls to find that time to acknowledge the positives. They can record their gratitude's daily in a notebook, or simply say them aloud.

Daily reading will be beneficial too. Girls can lose themselves in a story for a short time and be encouraged to read for pleasure.

Kind regards

Helen Crouch

Junior Deputy (Pastoral Development and Well-being)